



Topic Modeling for Terrence Higgins Trust myHIV Forum Posts Analysis

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Introduction

- “The myHIV Forum - A Treasure Trove of Real-Life Experiences and Reflections”
- Unearthing crucial insights from the myHIV forum conversations through advanced Natural Language Processing (NLP)

Unlocking Insights

The myHIV Forum: A vibrant space capturing life-defining reflections of its members

Topic Modelling: Harnessing the power of NLP to explore the abstract 'topics' within the forum posts

Our Objective: To gain a deeper understanding of the issues and themes that matter most to the members of the myHIV forum.

The myHIV Forum: Data

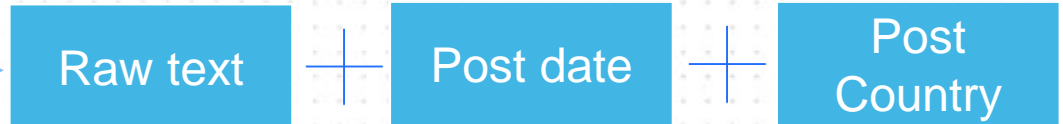
myHIV Forum



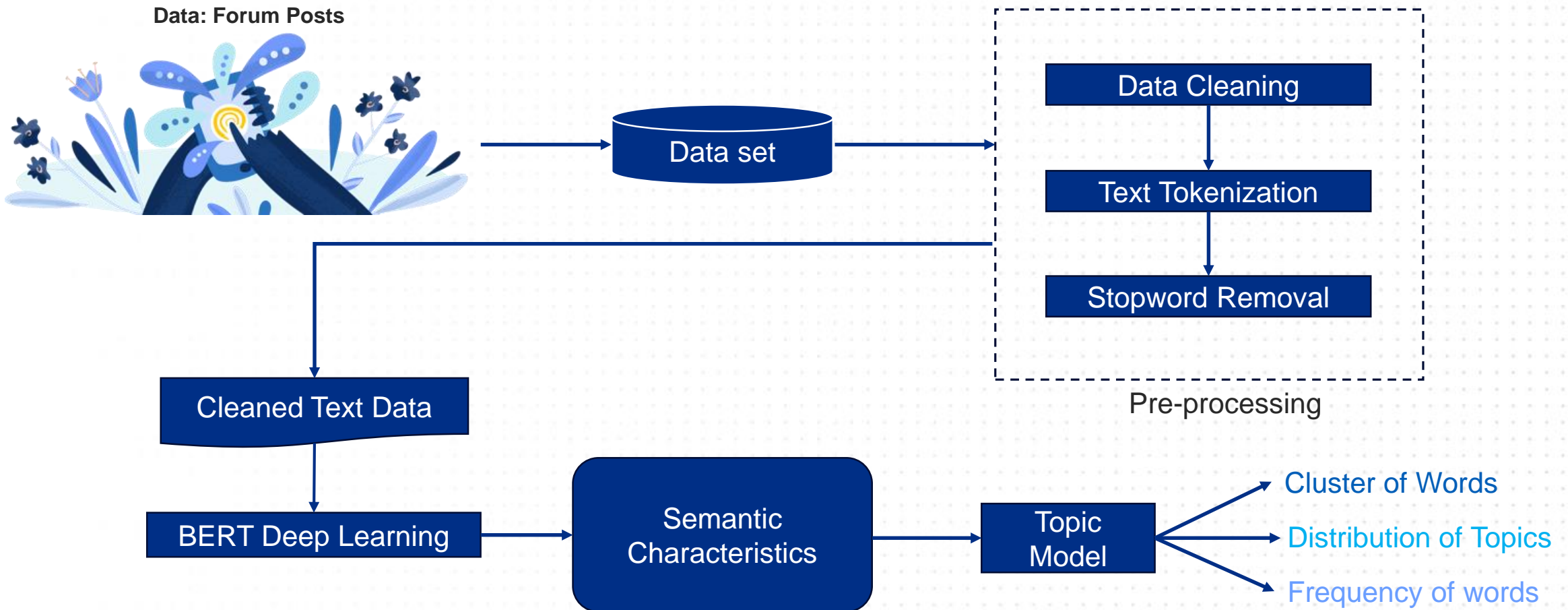
Forum posts



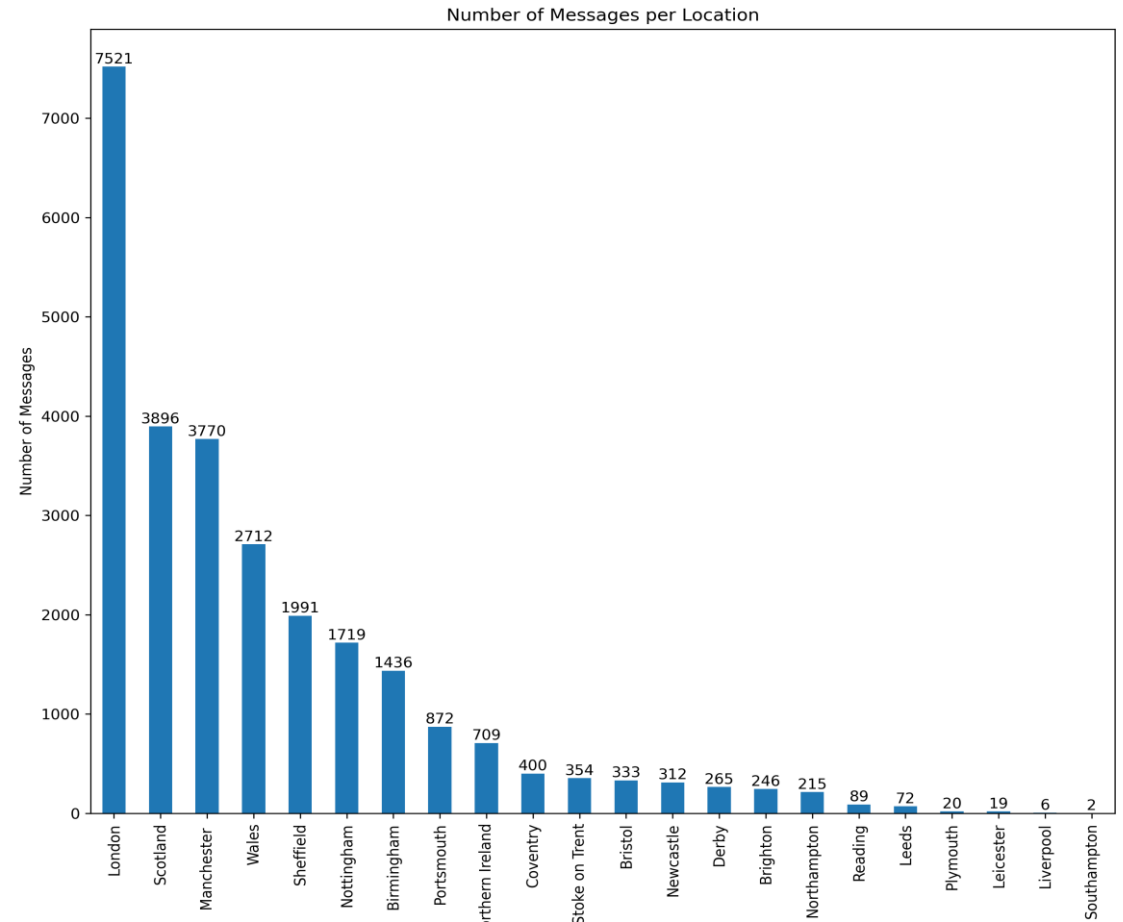
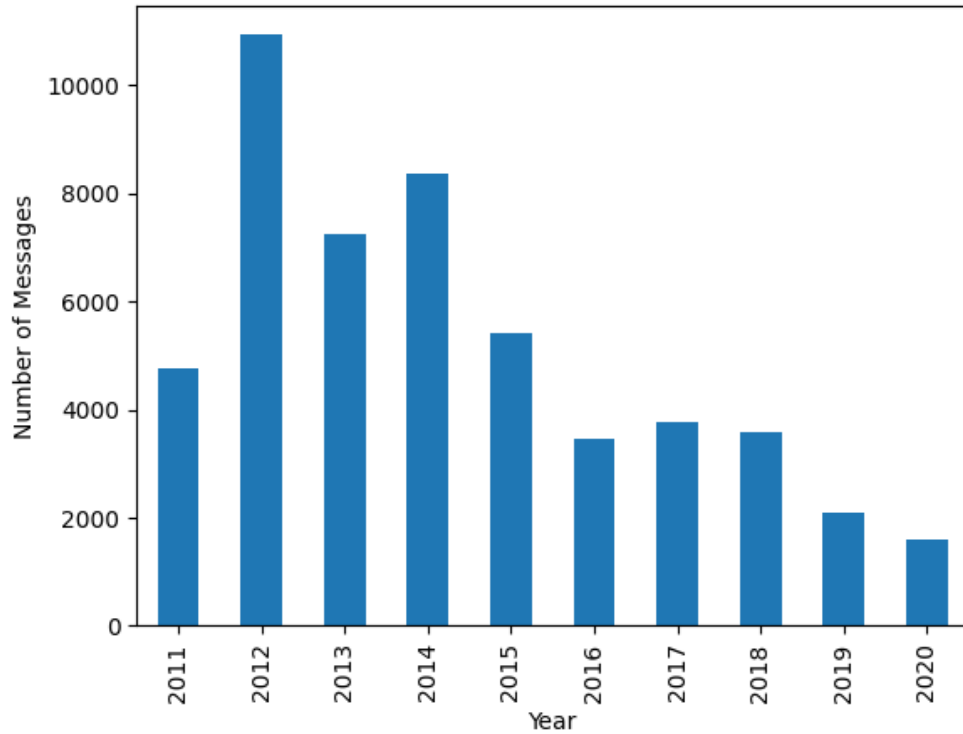
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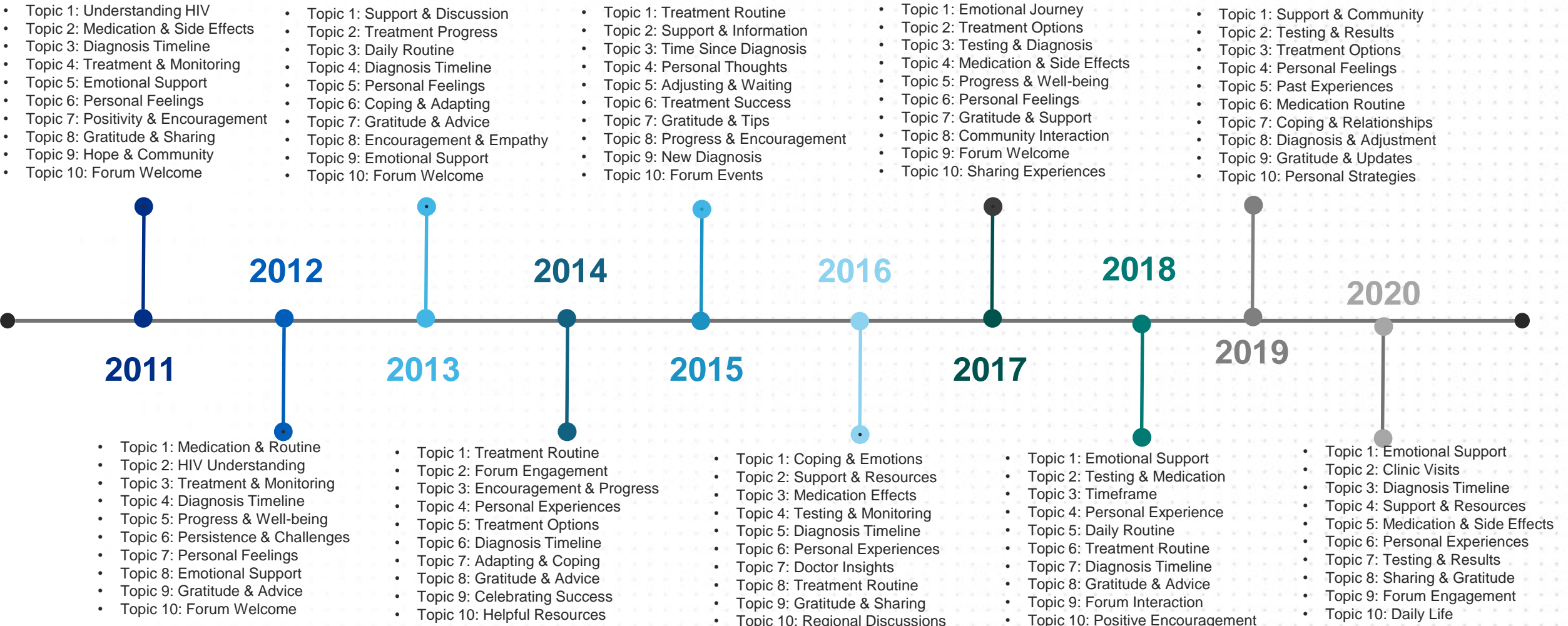
Process



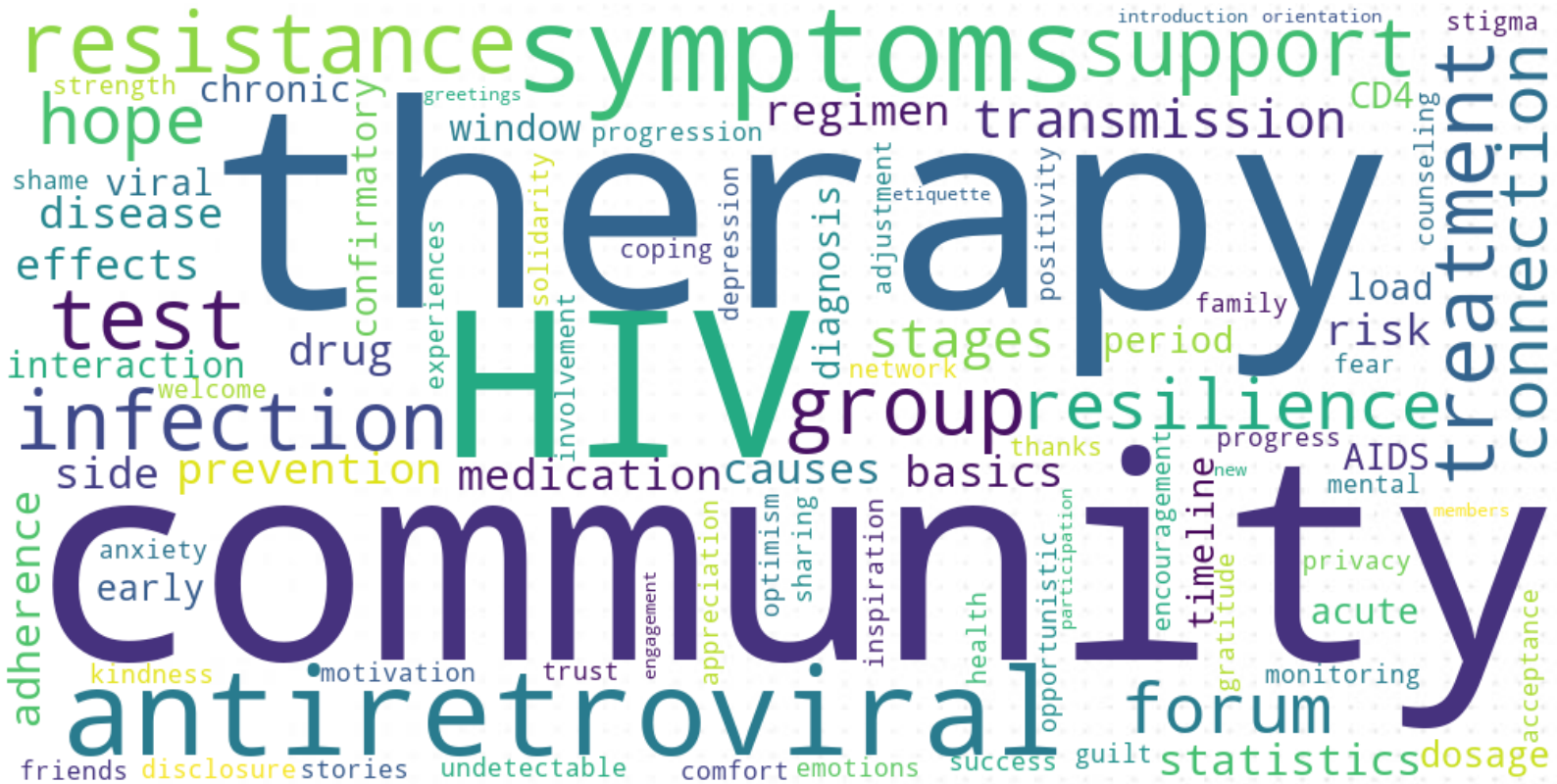
The myHIV Forum: Data



Results: Dynamic Topic Modelling across UK 2011-2020

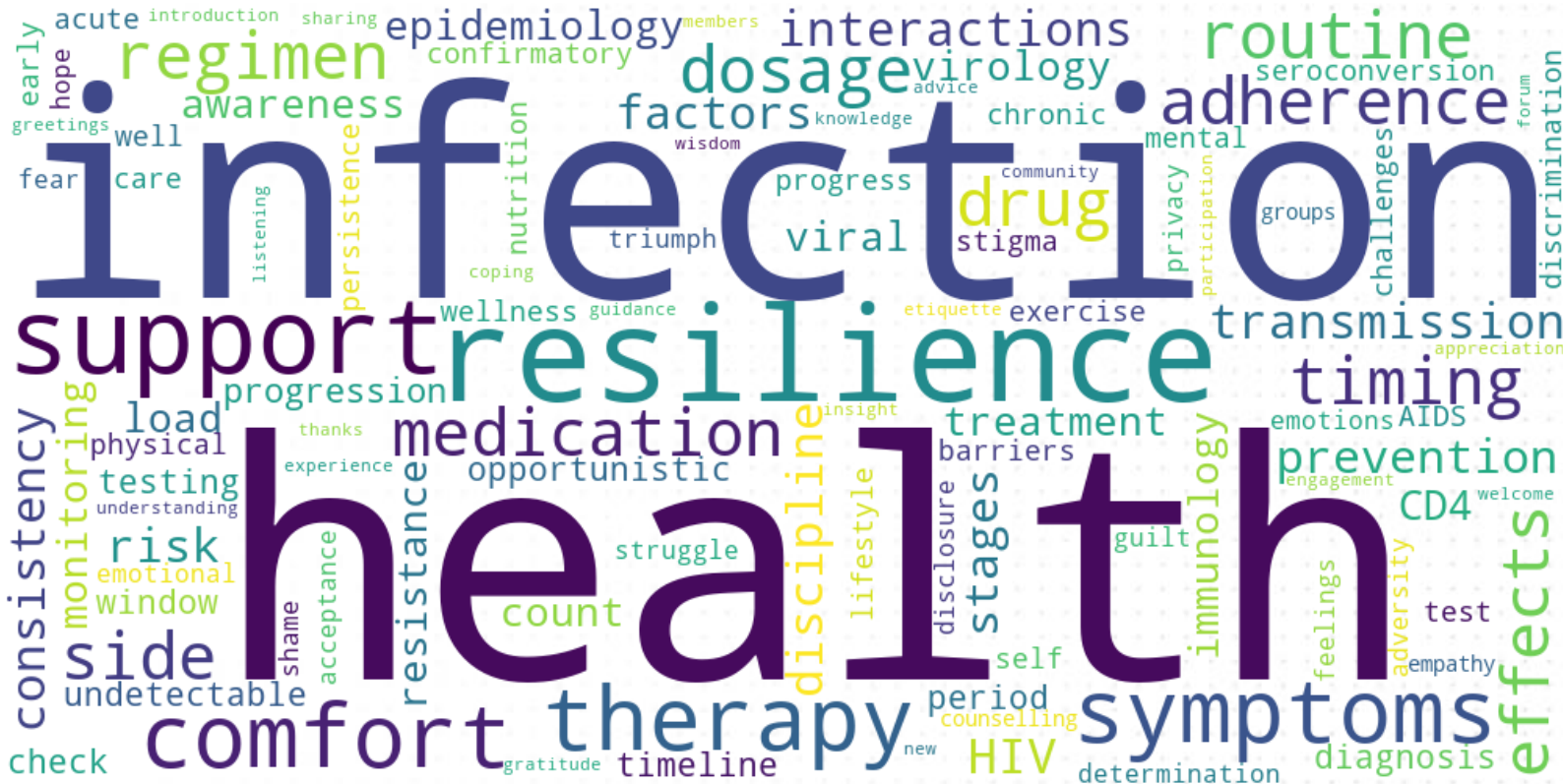


Top 10 Topics across UK Year 2011



- Topic 1: Understanding HIV** - [HIV, transmission, symptoms, stages, prevention, risk, statistics, causes, basics, disease]
- Topic 2: Medication & Side Effects** - [medication, antiretroviral, side effects, drug, regimen, adherence, resistance, interaction, dosage, treatment]
- Topic 3: Diagnosis Timeline** - [diagnosis, test, timeline, HIV test, confirmatory, early symptoms, window period, acute infection, chronic, AIDS]
- Topic 4: Treatment & Monitoring** - [antiretroviral, treatment, therapy, viral load, CD4, monitoring, undetectable, progression, resistance, opportunistic infections]
- Topic 5: Emotional Support** - [support, mental health, counseling, therapy, depression, anxiety, group, coping, adjustment, resilience]
- Topic 6: Personal Feelings** - [emotions, fear, stigma, acceptance, disclosure, privacy, comfort, shame, guilt, trust]
- Topic 7: Positivity & Encouragement** - [positivity, encouragement, hope, motivation, inspiration, progress, success, optimism, resilience, strength]
- Topic 8: Gratitude & Sharing** - [gratitude, appreciation, thanks, sharing, stories, experiences, community, support, kindness, connection]
- Topic 9: Hope & Community** - [community, hope, group, network, solidarity, connection, forum, friends, family, involvement]
- Topic 10: Forum Welcome** - [forum, welcome, introduction, new members, greetings, community, orientation, participation, etiquette, engagement]

Top 10 Topics across UK Year 2012



Topic 1: Medication & Routine - [health, medication, routine, adherence, dosage, regimen, side effects, drug interactions, consistency, discipline]

Topic 2: HIV Understanding - [Infection, symptoms, HIV, transmission, prevention, risk factors, epidemiology, virology, immunology, awareness]

Topic 3: Treatment & Monitoring - [health check, treatment, monitoring, viral load, CD4 count, resistance, progression, opportunistic infections, therapy, undetectable]

Topic 4: Diagnosis Timeline - [diagnosis, timeline, testing, window period, confirmatory test, early symptoms, acute infection, chronic infection, AIDS, seroconversion]

Topic 5: Progress & Well-being - [progress, well-being, physical health, mental health, lifestyle, nutrition, exercise, wellness, resilience, self-care]

Topic 6: Persistence & Challenges - [persistence, challenges, barriers, stigma, discrimination, resilience, determination, struggle, adversity, triumph]

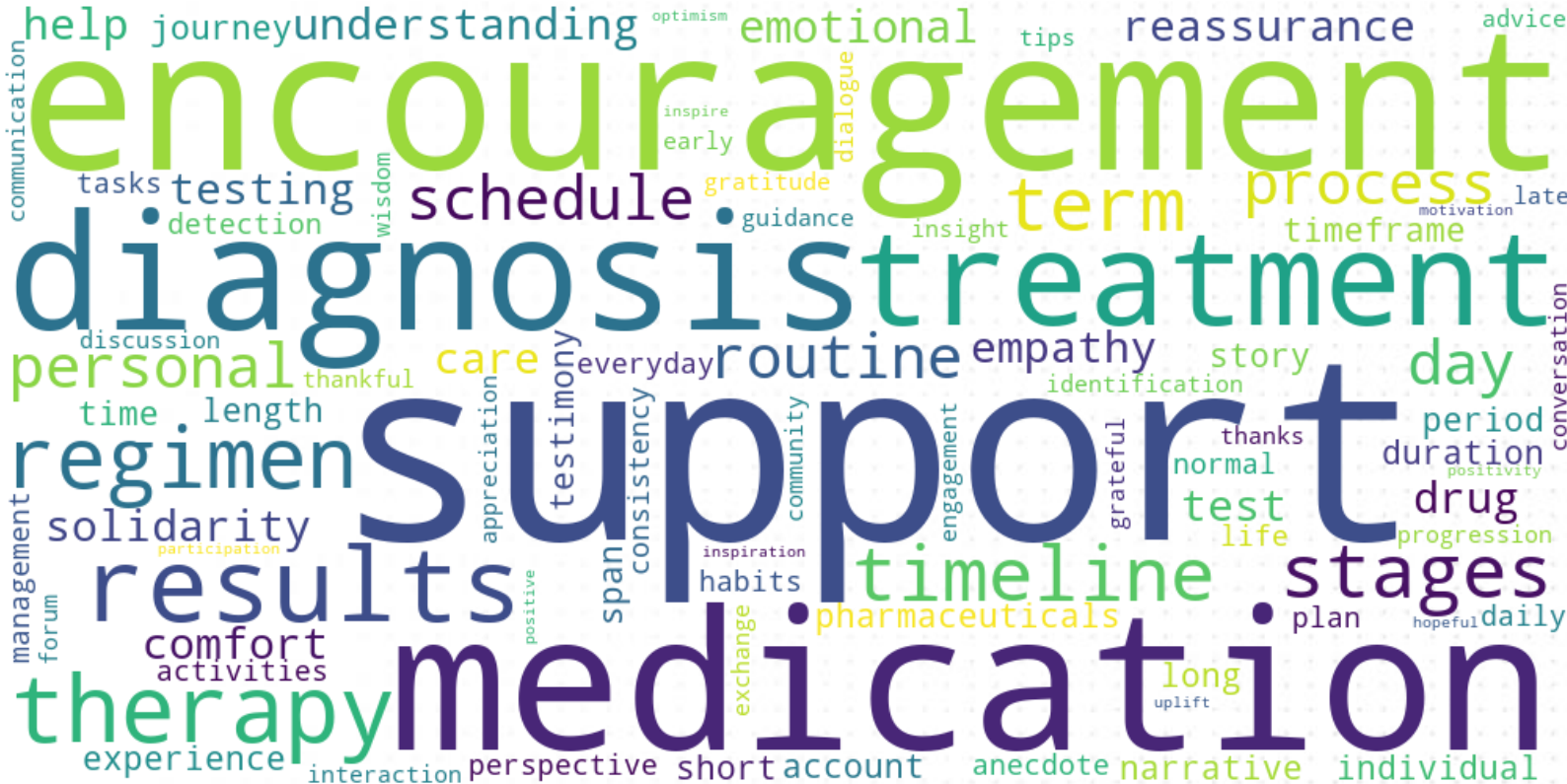
Topic 7: Personal Feelings - [feelings, emotions, fear, hope, acceptance, guilt, shame, disclosure, privacy, comfort]

Topic 8: Emotional Support - [emotional support, counselling, therapy, support groups, empathy, understanding, listening, coping, resilience, comfort]

Topic 9: Gratitude & Advice - [gratitude, advice, wisdom, experience, appreciation, thanks, guidance, insight, knowledge, sharing]

Topic 10: Forum Welcome - [forum, welcome, introduction, new members, greetings, community, etiquette, engagement, participation, support]

Top 10 Topics across UK Year 2018



Topic 1: Emotional Support - [encouragement, emotional, support, understanding, empathy, care, comfort, help, reassurance, solidarity]

Topic 2: Testing & Medication - [diagnosis, testing, medication, treatment, drug, test, results, therapy, regimen, pharmaceuticals]

Topic 3: Timeframe - [timeframe, time, period, duration, span, timeline, length, stages, long-term, short-term]

Topic 4: Personal Experience - [personal, experience, story, journey, individual, personal narrative, account, testimony, perspective, anecdote]

Topic 5: Daily Routine - [daily, routine, habits, life, day-to-day, normal, everyday, schedule, tasks, activities]

Topic 6: Treatment Routine - [treatment, routine, regimen, therapy, medication, process, plan, schedule, management, consistency]

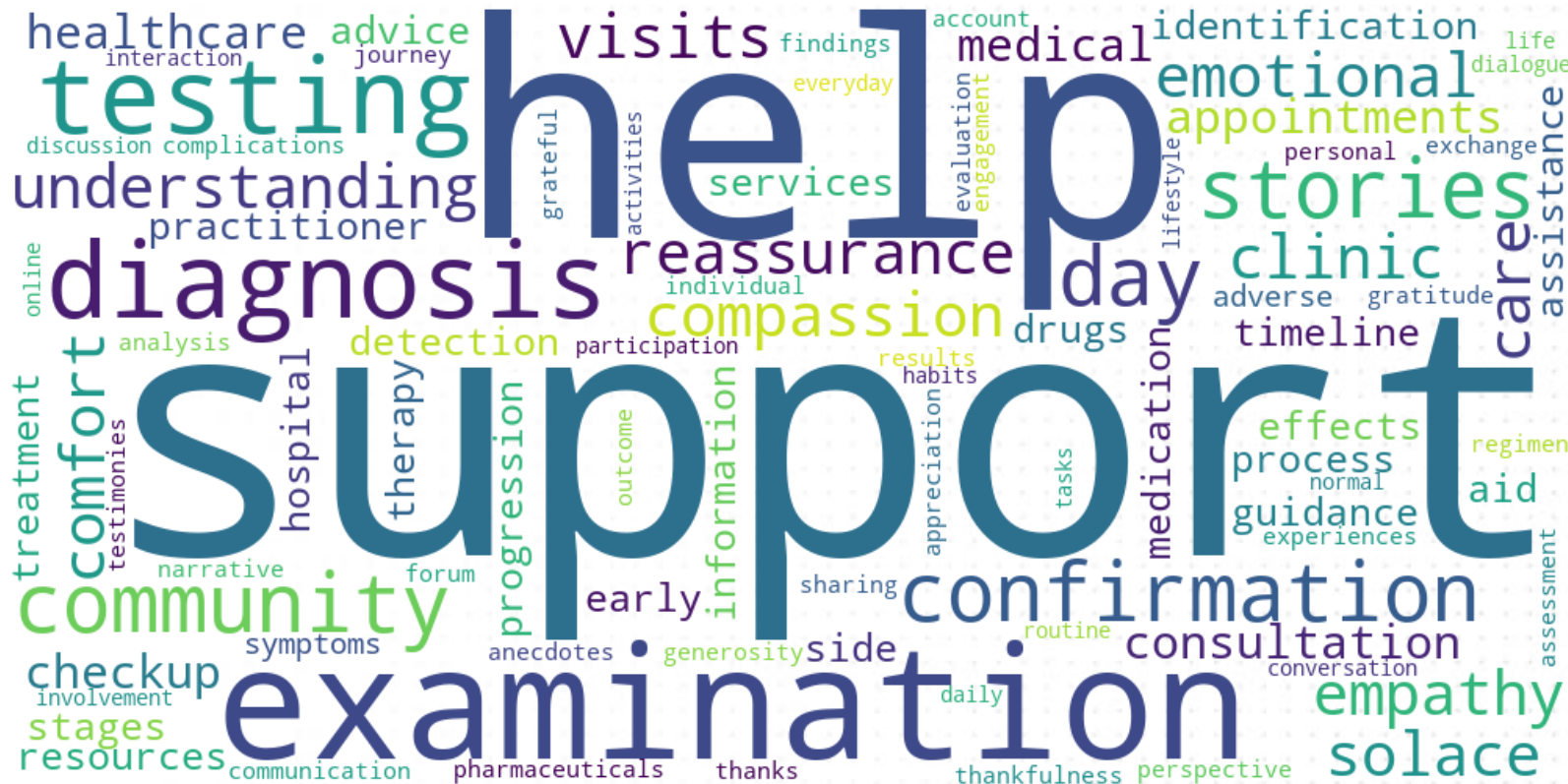
Topic 7: Diagnosis Timeline - [diagnosis, timeline, detection, identification, stages, process, early, late, progression, results]

Topic 8: Gratitude & Advice - [gratitude, advice, thanks, guidance, appreciation, tips, thankful, wisdom, grateful, insight]

Topic 9: Forum Interaction - [forum, interaction, discussion, community, dialogue, conversation, exchange, engagement, communication, participation]

Topic 10: Positive Encouragement - [positive, encouragement, inspiration, motivation, positivity, support, uplift, inspire, hopeful, optimism]

Top 10 Topics across UK Year 2020



Topic 1: Emotional Support - [help, support, empathy, understanding, comfort, care, help, reassurance, solace, compassion]

Topic 2: Clinic Visits - [examination, visits, appointments, medical, healthcare, consultation, checkup, practitioner, hospital, examination]

Topic 3: Diagnosis Timeline - [diagnosis, timeline, process, stages, testing, confirmation, early, detection, identification, progression]

Topic 4: Support & Resources - [support, compassion, help, assistance, guidance, information, services, community, aid, advice]

Topic 5: Medication & Side Effects - [medication, side effects, drugs, treatment, therapy, symptoms, adverse, pharmaceuticals, regimen, complications]

Topic 6: Personal Experiences - [personal, experiences, stories, journey, testimonies, account, narrative, anecdotes, individual, perspective]

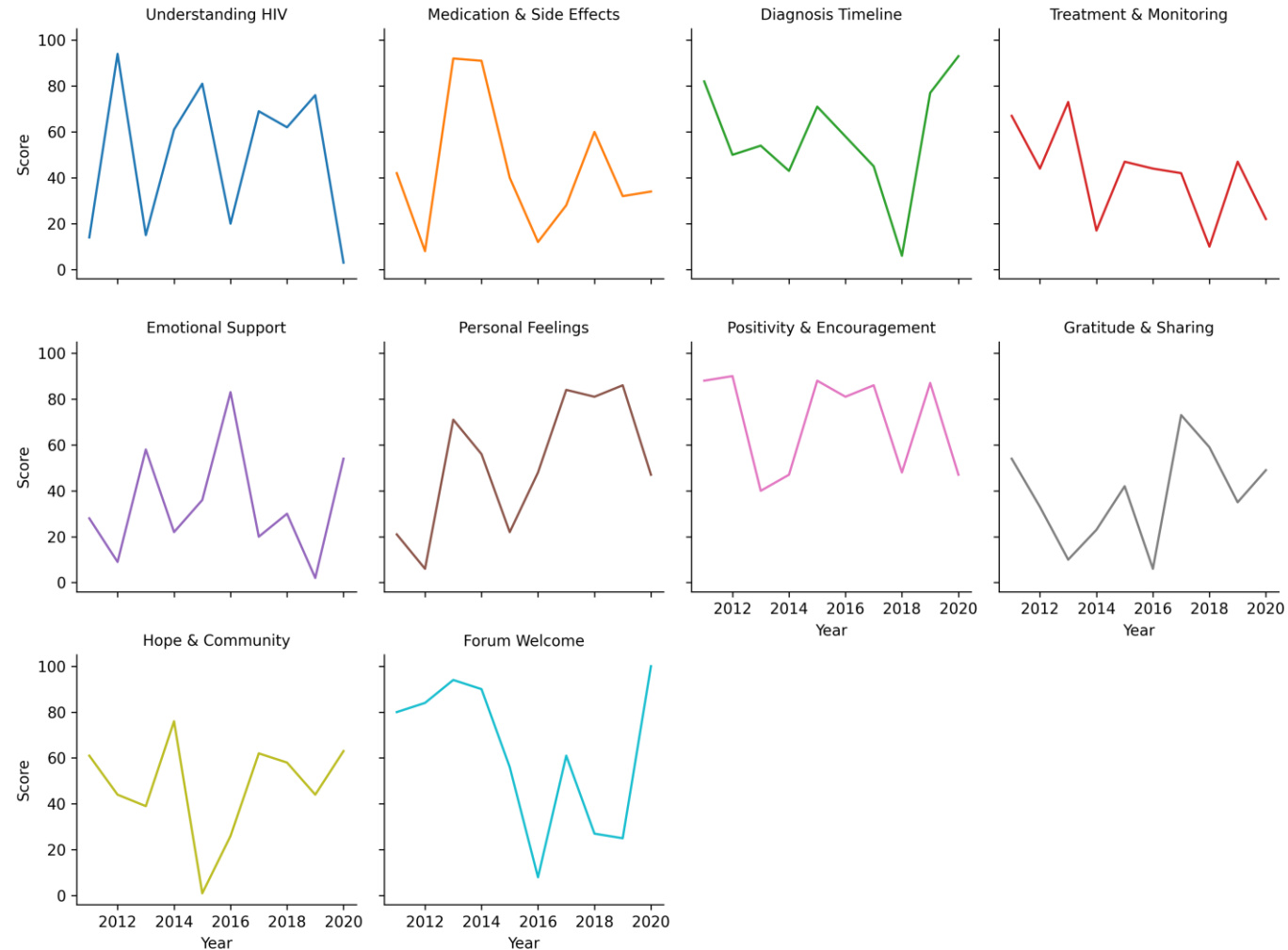
Topic 7: Testing & Results - [examination, testing, results, diagnosis, confirmation, findings, analysis, evaluation, assessment, outcome]

Topic 8: Sharing & Gratitude - [sharing, gratitude, appreciation, thanks, exchange, stories, thankfulness, communication, generosity, grateful]

Topic 9: Forum Engagement - [community, forum, engagement, participation, interaction, dialogue, conversation, involvement, online, discussion]

Topic 10: Daily Life - [daily, life, routine, everyday, activities, habits, day-to-day, normal, lifestyle, tasks]

Results: Prevalence of Topics in UK 2011-2020



Conclusions

- The Evolving Experiences of People Living with HIV
- The Impact of HIV on Various Aspects of Life
- Changes in HIV Care and Attitudes:



THANK YOU!

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